



Fairbourne Railway Ltd
Beach Road
Fairbourne
Gwynedd
LL38 2EX

Tel 01341 250362
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FOOTPLATE COURSES - PERSONAL SAFETY AUDIT

1. The Instructor will introduce himself.
2. The objectives of the course will be explained.
3. Instructions given by the instructor must be promptly obeyed. Questions and discussions can follow afterwards. "DO IT IMMEDIATELY."
4. Before doing anything, ask yourself—
 - Am I supposed to be doing this?
 - Who will it affect?
 - Is it safe?
5. Medical problems:- mobility, back problems, skin problems. General fitness, breathing or respiratory problems are to be disclosed, so that activities can be tailored to suit.
6. If other trains are about, move away from the running lines to a place of safety and acknowledge the whistle signals by raising one arm for the driver to see. TRAINS CAN CREEP UP QUIETLY.
7. When walking about the Railway, do not tread on sleepers, which can be slippery. Look for safe walkways.
8. Beware of inspection pits, they are deep and surrounded by oil and grease. Don't jump over. Take the extra time to walk around.
9. There are other hazards on the ground. Be aware of:
 - Track drains;
 - Rabbit holes;
 - Point levers;
 - Debris.
10. When boarding and engine:
 - Do not touch anything until you have confirmed that it is not hot.
 - Take care not to turn anything on or move controls.
 - Remember that tender and locomotive move independently.
 - You must only attempt to board or alight from the locomotive when it is stationary.
11. "NOT TO BE MOVED" boards must not be moved or tampered with.
12. Please report any injuries to an instructor, so that appropriate first aid can be administered.
13. The points discussed are applicable to all railwaymen, not just to novices.
14. You will now be asked to "sign on". In doing so you will be confirming that you:
 - have received and understood the safety instructions;
 - are free from alcohol and drugs which may affect your alertness and/or cause drowsiness;
 - have declared any disabilities to the instructor so that due allowances can be made.

Please read carefully through the above notes, numbered 1 to 14 and if you are satisfied that you now understand how to conduct yourself safely about the working parts of the Railway and the locomotives, sign below and hand this form to the instructor.

Trainee Signature

Instructor Signature

Date

Registered Office: Beach Road, Fairbourne, Gwynedd, LL38 2EX
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